

what's on

community activities & events

Even more on www.wown.live

August to November 2026

Weston & Newbridge

What's On is run as a not-for-profit enterprise by All Saints Church along with the support of the other churches in Weston and Newbridge, Bath.

All Saints

Cooler times ahead! Autumn events for everyone

After all the heat and excitement of the World Cup and summer season, chill out this autumn with all sorts of fun and festivities as well as poignant moments in Weston and Newbridge.

Kicking off with the **Newbridge Community Hub Fundraiser** on **Friday 4 September** with live music from Junction 18, bringing you all the hits for a great evening of music and dancing. After a good night's sleep, enjoy **Weston Flower and Produce Show** on **Saturday 5 September**. Celebrate the 15th anniversary of the **Love Weston Cafe** on **Friday 16 October**, followed by **AutumnFest** on **Saturday 17 October**, with delicious hot food and live music from Bath's favourite singer, Real O'Rael - book your ticket with the QR code. There are also a suite of **Harvest** festivities, as well as services to remember loved ones no longer with us, including the annual **Remembrance Sunday** procession to the War Memorial on **Sunday 8 November**.



All the details of these events can be found on page 5 under **Dates for your Diary**.



AutumnFest

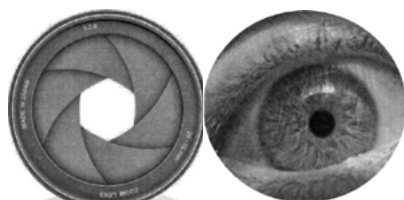
Saturday 17 October | 7:00pm | **All Saints Church**

Tickets just £12, book at allsaintsweston.org.uk/events

An Evening with Stuart Burgess

Sunday 25 October | 5:00pm | **All Saints Church**

Professor Burgess is a leading UK design engineer, working on Team GB's Olympic bicycles, satellites including the Hubble Space Telescope and innovation in robotic limbs and movement. Come and hear him give an engineer's perspective on the incredible intelligent design of the natural world around us. The human eye is far superior to any video camera, limb joints are far superior to the best prosthetic joints, and the human brain is on a completely different level to even the very best super computers.



All are welcome to come along to our 5:00pm service at **All Saints Church** on **Sunday 25 October** to hear why you are a masterpiece of engineering!



Be Featured

Please see wown.live/advertise for full details. Next issue's deadline is **16 October 2026**

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Even more on www.wown.live

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Getting noticed

If you are planning a new event or activity in the next few months and want to publicise it around Weston and Newbridge, just contact the editor and we can put it on the **What's On** website wown.live

You can also be featured in the next edition of this magazine, which will be the **December 2026 to March 2027** publication. Next issue deadline is **16 October 2026**. Contact Tali at editor@wown.live



Enjoy a real welcome, and a helping hand

MONDAYS 11.30am to 2.00pm

WESTON HUB
Penn Hill Road, Weston, Bath, BA1 4EH

Welcome Café

Have lunch at the Café from 12 noon. Free of charge, but donations welcome

Citizens Advice

Are you missing out on money you are entitled to? Citizens Advice can help.

Join the Food Club

Do your shopping, load up your boxes, and pay £1 per box

You are always welcome. Come and enjoy free food, drinks and refreshments. A place to meet and make friends in a warm loving atmosphere



**THIRD TUESDAY LUNCH
FOR ADULTS IN OUR
COMMUNITY**

**Third Tuesday of the month
11:15^{am} to 1:45^{pm}
All Saints Centre**

UPCOMING DATES:
No 3TL in August
Tuesday 15 September
Tuesday 20 October
Tuesday 17 November

- Two-course lunch with tea/coffee and an interesting speaker.
- **All Seniors welcome!**
- Suggested donation £7.50

Please book with the Church Office if you have special dietary requirements on 01225 447663

Our Churches

Special Services

All Saints Church

Harvest Service

Sunday 11 October | 11:00^{am}

Also a special harvest gift day as we give thanks for the ministry of All Saints.

'A Time to Remember'

Memorial Service

Tuesday 3 November | 10:30^{am}

A special, but simple Memorial Service to remember and give thanks for those of our family and friends who are no longer with us. If you wish to remember someone in particular do bring a flower or a candle or both. All are welcome.

Remembrance Sunday

Sunday 8 November | 10:30^{am}

There will be a procession to the **Weston War Memorial** from **Weston Free Church (Moravian)** starting at 10:30^{am}, followed by a 10:45^{am} short service of remembrance with a two-minute silence and the laying of wreaths. Engage service in **All Saints Church** will start at 11:15^{am}.

St Mary's Catholic Church

Bath Area Confirmation Mass

Friday 13 November | 7:00^{pm}

Bishop Bosco MacDonald will be coming to Bath for the Bath area Confirmation Mass in November. The confirmation preparation course will begin on **Tuesday 15 September at 7:00^{pm}** at **St Mary's Church**. The course is open to young people in Years 9 to 13. Please email the Parish Office and an application form will be sent to you.

Weston Free Church (Moravian)

Wild Church

Sunday 30 August | 3:00^{pm}

Harvest Service

Sunday 27 September | 11:00^{am}

St Mary Magdalene Church | Langridge

Harvest Festival

Sunday 20 September | 3:00^{pm}

Remembrance Sunday

Sunday 8 November | We will mark Remembrance at **All Saints Weston**.

Regular Services

All Saints Church

Sanctuary | 9:00^{am}

Hymns, spoken responses. With Holy Communion on 2nd and 4th Sundays.

Engage | 11:00^{am}

Family friendly with band led worship. Children groups in the centre during the service. All age service on 2nd Sundays. Coffee and refreshments served between morning services.

Encounter | 5:00^{pm}

Led by different groups focusing on worship, teaching, discussion and prayer.

Tuesday Morning Service

Tuesdays | 10:30^{am}

All welcome for a time for worship and prayer. Refreshments and a chance to chat afterwards.

Weston Free Church (Moravian)

Family Worship | Sundays | 11:00^{am}

All Age Café Church | 1st Sunday

Informal, fun and family friendly.

Holy Communion | 3rd Sunday

St Mary's Catholic Church

Sunday Masses

Sundays | 9:00^{am} | 10:30^{am} | 5:00^{pm}

Coffee after 10:30^{am} Mass in the **Parish Centre**. Everybody welcome!

Weekday Masses

Wed, Fri and Sat | 10:00^{am}

The Sacrament of Reconciliation (Confession)

Saturdays | 10:30^{am} and by request (also available in French and Spanish)

Syro-Malabar Mass

Every Sunday | 2:45^{pm}

You can watch the Masses via

churchservices.tv/bath

Children's Liturgy

Sundays | 10:30^{am}

Open to children up to pre-first Holy Communion, parents welcome too.

Access via the Sacristy door next to the car park if you're running late.

Lectio Divina Group (Zoom)

Fortnightly Mondays | 7:30^{pm}

Info: Graham.

Ecumenical Christian Meditation Group | St Mary's Parish Centre

1st & 3rd Tuesdays | 7:00^{pm} to 8:15^{pm}

Info: Deirdre via the parish office.

SVP Group - Tea & conversation

St Mary's Parish Centre

1st Wednesdays | 10:30^{am}

Email for a lift

presidentB040313@svp.org.uk

Parish Archive Project | St Mary's Parish Centre

Wednesdays | 10:30^{am} to 12:00^{pm}

Were you a pupil, teacher or parent of a child at St Mary's school in 1970s?

Are you good at sorting papers into piles? Can you match names and faces in photographs from 1980s and 1990s? Do old school and church log books from early 1900s interest you?

If so, look out for dates for meeting up in the Parish Centre. Come and enjoy the coffee and spark up your memories

St. Mary's Open Church

Last Thursdays | 10:00^{am} to 12:00^{pm}

We invite you to join us in our church for: private prayer, mens and ladies



groups, a knit and natter group or a craft you enjoy. Come, join us, meet others and socialise, all are welcome.

Bath Methodist Church

Services of Praise and Thanksgiving are held at two Methodist Churches in Bath: **Walcot Chapel, London Road** and **Southdown Methodist Church Centre, The Hollow**.

Both services start at 10:30am on Sundays.

Emmanuel Church

Morning Service
Sundays | 10:00am
All age worship with children's activities
Breakfast@9:15 | 3rd Sunday | 9:15am
Our interactive service for families following a delicious breakfast. All welcome.

Grace Church

Afternoon Service | Sundays | 4:00pm
Holy Communion | 3rd Sundays
We meet at St John's Church every week, with refreshments before and after the service, children and youth groups and a kids' tea after the service.
We meet at **St John's Church on Upper Bristol Road**.

St Mary Magdalene Church | Langridge

Weekly Sunday services | 9:30am
1st Sunday | **BCP Holy Communion**
2nd Sunday | **CW Morning Prayer**
3rd Sunday | **CW Holy Communion**
4th Sunday | **BCP Morning Prayer**
5th Sunday | **We worship at All Saints Weston**

St Martin's Church North Stoke

Weekly Sunday Services
1st Sun | 10:00am
2nd Sun | 10:30am | **Joint with Kelston**
3rd Sun | 11:00am | **Holy Communion**
4th Sun | 10:00am | **Morning Prayer**
5th Sun | 6:00pm | **Evensong**

New Testament Church of God

Services every Sunday at 11:00am at the **Bath Methodist Church, top of Chelsea Road**. All are welcome.

Contact the Churches

All Saints Church

Church Office, All Saints Centre, High Street, Weston, BA1 4BX
Monday to Friday | 9:00am to 5:00pm
01225 447663
office@allsaintsweston.org.uk
allsaintsweston.org.uk

Weston Free Church (Moravian)

High Street, Weston, Bath, BA1 4DB
westonfreechurch.co.uk

St Mary's Catholic Church

Post to **4 Harley St, Bath, BA1 2SF**.
Mgr Jeremy Rigden **01225 311725**
Parish office: Charlotte Boyall
bath.stmary@cliftondiocese.com
Wed-Fri mornings on **01225 314114**
stmarysbath.org.uk

Grace Church

Meeting at St John's Church, Upper Bristol Road, Bath, BA1 3DD
01225 428818
admin@gracechurchbath.org
gracechurchbath.org

Emmanuel Church

Apsley Road, Bath, BA1 3LP
01225 428818
admin@emmanuelchurchbath.org
emmanuelchurchbath.org

Bath Methodist Church

01225 314966
westonmethodistbath.org.uk

St Martin's Church

North Stoke, Bath, BA1 9AT
peter.durman@icloud.com

St Mary Magdalene Church

Langridge Lane, Langridge, BA1 8AJ
victoriahumphries@berrymead.co.uk
07836 733163
stmarymagdalenelangridge.com



BATH DENTURE SERVICE

For help and advice with denture problems. New dentures, repairs, adding teeth to older dentures or getting a new smile altogether!

Mark Ely
Clinical Dental Technician GDC 142943

07981 110797

www.bathdentureservice.com

Dates for your Diary

July

The Wild West(on) Holiday Bible Club

Thu 23 July and Fri 24 July
9:30am to 12:00pm

All Saints Centre

Saddle up for galloping adventures, parables on the prairie, messy trails and mighty truths.
£5 per day, for primary school age children.
Scan the QR code to book your place!



August

Lego Building

Every Tuesday in August and
Tuesday 27 October
1:00pm to 3:00pm

Weston Free Church (Moravian)

Free children's lego building sessions are held in the church every Tuesday afternoon in the school holidays. Under 16s must be accompanied by a grown up.

Citizens Advice Drop-In Service

Mondays 10 Aug | 21 Sep | 19 Oct
16 Nov | 30 Nov
12:00pm to 2:00pm

Weston Hub

As part of the Weston Welcome Café and Food Club. For free, impartial and independent advice.

All the Fun of the Fair

Tuesday 18 August | 2:30pm to 5:00pm
Emmanuel Church, Apsley Road
Summer holiday community event. Come and enjoy a free afternoon of fun and fairground games for all.

All Saints Seniors' Holiday Club

Tue 4 August and Thu 6 August
11:00am to 3:30pm

All Saints Church Centre

For people who are at a loose end in August. Crafts, table games, quizzes, relaxation, chatting, films, singing, optional exercises! Coffee, lunch and tea (with cake) provided. Come for as much or as little as you like. Please contact Pippa Page **07807 675905** or the Church Office on **01225 447663** for further information and to book in. Suggestion donation £7.50 per day.

DHI and St Mary's Coffee and Fun Morning

Friday 21 August | From 10:30am

St Mary's Parish Centre

With our neighbours from 1 Burlington Street. We need many people to ensure a warm welcome! There will be stalls selling gifts, face painting, games, plus information from DHI and Everyone Health. "DHI is a social inclusion charity that helps people live healthy, independent lives. We're rooted in the communities we support, offering help with housing and homelessness, mental health, employment and skills, and drug and alcohol recovery"
dhi-online.org.uk

Summer Bank Holiday at The Old Crown

Monday 30 August

The Old Crown, 1 Crown Hill

Featuring a BBQ, live music, kids' entertainment and garden games for all ages.

September

Newbridge Community Hub Fundraiser

Friday 4 Sep | 7:30pm to 10:00pm

Bath Methodist Church, top of Chelsea Road

One of Bath's leading covers bands, Junction 18, will be bringing their trademark energy for a fantastic evening of live music and dancing. Featuring all the classic hits you know and love, this fun-filled fundraising event will help raise money towards a sustainable community centre for the benefit of local residents. More details soon at **newbridgehub.org**

Organ Recital

Friday 4 September | 5:30pm

St Mary Magdalene, Langridge

Bishop Richard Fenwick will give another organ recital.

Weston Village Flower and Produce Show

Saturday 5 September | 2:30pm

All Saints Centre

Schedules available online at **westonvillagegardeningclub.co.uk** or at **Kit Johnson Residential, High Street, Weston**.

Second Saturday @ Langridge

No meet in August

12 Sep | 10 Oct | 14 Nov

10:00am to 12:00pm

Lansdown and Langridge Village Hall (opp. entrance to Bath Racecourse)

Community get-together with decent tea/coffee and fresh cakes. Chat, read the papers, swap or sell products and crafts. Children welcome. Supported by **St Mary Magdalene Church, Langridge**; Friends of Langridge Church and **All Saints Weston**. All refreshments are free but donations are very welcome. For more info **info@stmarymagdalenelangridge.com** or **07836 733163**.

Share and Repair

2nd Saturdays | 10:00^{am} to 1:00^{pm}
12 Sep | 10 Oct | 14 Nov

Weston Hub, Penn Hill Road

Something's broken? Don't chuck it, we'll try to fix it! Why not enjoy a cuppa and some cake whilst we fix your item in return for a donation, please arrive as early as possible to ensure we have time to look at your repair.

shareandrepair.org.uk

ReMind UK Tree Trail Walk

Monday 14 Sep | 10:00^{am} to 12:00^{pm}

The ReMind UK Centre, RUH, Combe Park

A gentle, guided walk taking in the variety of trees around the ReMind UK Centre, followed by refreshments, chat and a fun quiz. Suitable for people living with a memory condition and their loved ones/carers.

Bingo

Wed 30 Sep | Wed 28 Oct

Wed 25 Nov | 2:00^{pm}

Weston Free Church (Moravian)

We play five lighthearted games during the afternoon, cards cost £1 each and you can play as many cards as you want in each game. Come and join in the fun!

October

Why Jesus

Thursdays starting in October
7:00^{pm} to 9:00^{pm}

St John's Church, Upper Bristol Rd

Three evenings of questions and conversation over free dinner, exploring meaning, purpose and the person of Jesus. Contact admin@gracechurchbath.org for more details.

Love Weston Café 15th Anniversary Party

Friday 16 October | 9:00^{am} to 3:00^{pm}

Weston Free Church (Moravian)

This October, Love Weston Cafe, which meets every Friday, is celebrating its 15th anniversary. So many people have volunteered their time and talents, from serving, cleaning, baking and cooking over the last 15 years and we want to thank everyone who has made this possible. More information will be shared nearer the date so put **Friday 16 October** in your diary and celebrate with us.

AutumnFest

Saturday 17 October | 7:00^{pm}

All Saints Church

With great food and live music, featuring Real O'Rael. Tickets just £12, scan the QR code to book your place.



Quiz Night with Supper

Saturday 24 October | 7:00^{pm}

Weston Free Church (Moravian)

We are hosting another of our popular quiz nights on **Saturday 24 October**. Join us for supper and then, in teams of four, compete together in a general knowledge quiz. More details will be shared nearer the date.

3SG Volunteer Fair

Thursday 22 October

11:00^{am} to 3:00^{pm}

Bath Abbey

Interested in volunteering? Want to discover opportunities to help out in your local community, meet new people and learn new skills? Come along to our Volunteer Fair to discover a wide range of volunteering opportunities and meet local charities who would love to work with you. A free event, open to all, with 50 charity stalls plus talks and workshops! Event link: <https://bit.ly/VOLFAIR26>

An evening with Stuart Burgess

Sunday 25 October | 5:00^{pm}

All Saints Church

Professor Burgess is a leading UK design engineer who has worked on Team GB's Olympic bicycles, and the Hubble Space Telescope. Come and hear him give an engineer's perspective on the incredible intelligent design of the natural world around us.

Halloween Party

Saturday 31 October | 7:00^{pm}

The Old Crown, 1 Crown Hill

Including a family pumpkin carving contest, where the best pumpkin and best dressed kids win, followed by a special kids quiz with cash prizes and of course lots of sweets and fun music.

November

'A Time to Remember' Memorial Service

Tuesday 3 November | 10:30^{am}

All Saints Church

A special, but simple Memorial Service to remember and give thanks for those of our family and friends who are no longer with us. If you wish to remember someone in particular do bring a flower or a candle or both. All are welcome.



Remembrance Sunday

Sunday 8 November | 10:30^{am}

There will be a procession to the **Weston War Memorial** from **Weston Free Church (Moravian)** starting at 10:30^{am}, followed by a 10:45^{am} short service of remembrance with a two-minute silence and the laying of wreaths. Engage service in **All Saints Church** will start at 11:15^{am}.

Venues for hire

All Saints Centre

High Street, Weston

A quality venue available to hire for a whole range of activities including **wedding receptions, conferences, clubs, meetings and exercise classes**.

Six different spaces available for hire, five star rated catering kitchen and all rooms have fast fibre broadband wi-fi. AV equipment, flip charts, lectern, staging and more available to hire. Limited disabled parking with accessible, level entrances and a lift to the first floor. 22 space church car park nearby (subject to availability). Contact Ellie or Jacob for more information on: **01225 470171** info@allsaintscentre.org.uk allsaintscentre.org.uk

Weston Free Church (Moravian)

High Street, Weston

The church and hall can be booked (together or separately) for regular or one off bookings. We welcome enquiries for community activities for all ages and for concerts, birthday parties and celebrations. Kitchen facilities can be made available. Contact Shirley Ward for details: **07796 566173** shirleyward@btinternet.com westonfreechurch.co.uk

Bath Methodist Church

Newbridge Hill, Newbridge

The premises are available to hire for regular weekly activities, children's birthday parties and meetings. Please contact us on **07850 623574**.

Lansdown Golf Club

Lansdown, Bath, BA1 9BT

Our spacious and well appointed clubhouse is available for hire with an excellent dining room all looking out over the attractive view of the golf

course. We also have ample free parking. Our House Manager will be very pleased to discuss with you the facilities we can offer. Contact us on **01225 422138** or admin@lansdowngolfclub.co.uk

Lansdown Cricket Club

Combe Park, Weston

Host your party, wedding reception, christening, work gathering, or business meeting with us. Spacious clubhouse, commercial-grade kitchen, outdoor bar and BBQ area, and onsite parking available. Our indoor space comfortably accommodates up to 100 guests. Six fantastic league-standard pétanque pistes, available to hire at £15 per hour. **01225 425439** manager@lansdowncricketclub.co.uk lansdowncricketclub.co.uk fb.com/lansdowncricketclub

Weston Bowls Club

Penn Hill Road, Weston

Our small venue at **Weston (Bath) Bowls Club** is also available for hire. We have a very pleasant function area (lounge) with full bar facilities and kitchen for pre-cooked food preparation. This might suit your specific requirements so call us to discuss your needs. We are only a phone call away on **07877 714151**. westonbowlsclub.co.uk westonbc@yahoo.com

Weston Hub

Penn Hill Road, Weston

Spaces to hire for children, family and youth activities; community support groups; health services; fitness classes; parties and social events; conferences and business meetings. Car parking available and all areas have level access. There is also a ball court available for groups to book for: basketball, netball, 5-a-side football,

tennis, volleyball. Affordable prices with excellent community discounts for qualifying organisations. Contact Ellie or Jacob for more information on: **01225 470171** info@westonhub.org.uk westonhub.org.uk

Weston Ex-Services Association

Brookfield Park, Weston

Great social club with many activities. For more information call **01225 425147** or visit their Facebook page fb.com/groups/16937513421

Weston Chiropractic Centre

Apthorp, Weston Road

Spacious and sunny rooms for hire for therapists, practitioners and consultants. Contact Jane Courtis for more information on **01225 423333** jane@apthorpcentre.com apthorpcentre.com

St Mary's Parish Centre

Burlington Street, Bath

One large hall, two meeting rooms and a kitchen for hire, plus use of the large car park and wifi. One-off or regular bookings available (parties, wedding receptions, funeral wakes, clubs, meetings etc). From £8/hour with special rates for charitable groups. Contact the Parish Administrator, Charlotte Boyall, on **01225 314114** or bath.stmary@cliftondiocese.com

Weston Parish Hall

Church Street, Weston

Available for regular or occasional events, clubs, meetings, parties etc. Large Rehearsal Room with stage and separate Committee room. Includes access to kitchen facilities. Contact Jacqui or David for availability and price **01225 338902**.



Activities

For Adults & Seniors

Evergreen Worship

Mon 21 Sep | Mon 12 Oct

Mon 9 Nov | 2:00pm

Weston Free Church (Moravian)

Christ-centred service with crafts, prayers and songs for the older generation.

Butterfly Care Lunch Club

Wednesdays | 12:30pm to 2:00pm

Weston Free Church (Moravian)

Enjoy a delicious lunch and meet new friends. The cost is £7.50 per person for a 2-course lunch and a hot drink. To book please ring **01225 835888**.

Third Tuesday Lunch For adults in our community

11:15am to 1:45pm

All Saints Centre

No 3TL in August

Tuesday 15 September

Speaker to be confirmed

Tuesday 20 October

Speaker to be confirmed

Tuesday 17 November

Speaker Ben Knowlman

Two-course lunch with tea/coffee and an interesting speaker at

All Saints Centre from 11:15am

to 1:45pm on the third Tuesday of the month. All Seniors welcome!

Suggested donation £7.50.

Please book with the Church Office if you have special dietary requirements on **01225 447663**.

ReMind UK

Various dates and locations around Bath & NES. Calendar of free support for those living with a memory condition and their carers/loved ones, including 10-week wellbeing courses, seasonal activities and carers information days. A chance to connect with others in similar situations, feel welcomed and supported, and maybe even try something new! To find out more visit **reminduk.org**

Forget Me Not Club

7 High Street, Weston, BA1 4BX

Tuesday to Friday | 9:45am to 3:30pm

Award winning Day Club for people living with dementia or memory loss. Call **01225 216666** for info.

forgetmenotfamiliarfriendscic.org

Facebook: **tinyurl.com/2un5mbu6**

St John's Good Living Service

A vibrant programme of activities for all over 55s in BANES to support wellbeing and independent living.

Sewing Class

Mondays | 10:00pm to 12:00pm

Mondays | 1:00pm to 3:00pm

Combe Park Community Hub

Make your own clothes or learn new alterations skills. £6.

Pilates Class

Tuesdays | 10:30am to 11:15am

Combe Park Community Hub

Improve movements and flexibility whilst easing aches and pains. £4.

Gentle Yoga

Mondays | 12:00pm to 1:00pm

Southdown Methodist Church

Thursdays | 12:30am to 1:30pm

Combe Park Community Hub

Gentle yoga with positive benefits for mind, body and soul. £4.

For more info or to book email

goodliving.enquiries@stjohnsbath.org.uk or call **01225 486401**.

Concept Fitness 65 Experienced Personal trainer and age researcher

25 years industry experience

Strength Training for Seniors

Wednesdays | 2:30pm

All Saints Church

Mobility & Standing Strength for Seniors

Fridays | 9:30am, 10:45am and 11:45am

Weston Hub

Other services include: fall prevention programmes, exercises for those with Parkinson's, MS, low-level dementia or osteoporosis; remedial massage therapy, functional exercises to promote independent living and an age muscle-wasting prevention programme - all in the comfort of your home, on zoom or in-person! Call Arthur on **07971 245221**. Fully Insured and DBS checked.

arthur@conceptfitness65.co.uk

Parkinson's UK Bath and District Branch

3rd Mondays | 2:00pm to 4:00pm

Odd Down Sports Ground meeting room, Chelwood Drive, Bath, BA2 2PR

We are excited to announce the re-launch of our monthly Bath get-together on 3rd Mondays from 2:00pm to 4:00pm at **Odd Down Sports Ground meeting room**, which is open to all. This replaces our previous Saturday coffee mornings in **Weston Free Church (Moravian)**.

We hope this refresh will enable us to better serve the local Parkinson's community by providing a more social, friendly, and welcoming environment to meet and build connections.

Midweek coffee mornings too in Frome, Midsomer Norton, Keynsham and Shepton Mallet and also a monthly pub evening in Bath. More info at **localsupport.parkinsons.org.uk/provider/bath-and-district-branch** or email **bathparkinsons@gmail.com**.

Bath Meet Up

In various locations around Bath

Social events where friendships are formed. We are all year round and we average one activity a day so plenty to choose from. It is FREE to join the groups.

meetup.com/bath-social-group

meetup.com/the-bath-and-bristol-everything-meetup-group

SEND Activities

Springs

2nd and 4th Monday of the month
7:30pm to 9:00pm

Weston Hub, Penn Hill Road

Springs is a fellowship group for adults from across the Bath area meeting to share news over a cuppa, worship together and learn more about God's great love for us (often through drama or other creative activities). For more information contact: **info@lifeprojectbath.org.uk**

Singing and Music

Bath Society of Recorder Players

1st Saturdays | 2:00pm to 5:00pm

Southdown Methodist Church Centre, The Hollow

Visitors are always welcome to come along and play their recorders, please bring a music stand. The first session is free and subsequent sessions are £7.50. Tea and coffee included. More info can be found at **srp.org.uk/bath** or call **07816 096418**.

Goldies Singing

2nd Tuesday of every month | 2:00pm

Sheppards Gardens, High Street, Weston, BA1 4DF

Join your local daytime Goldies session for fun and friendship, you don't have to be able to sing, just love socialising and music. At Goldies we chat, laugh and sing-a-long to

the popular hits of the 50s onwards with tracks from our Patron Sir Cliff Richard, Petula Clark, Elvis and more! Open to everyone, no need to book, only a £3 donation to attend our monthly groups. For more info call **01761 470006** or email **events@golden-oldies.org.uk**.

Singing for the Brain

1st and 3rd Tuesdays | 2:30pm for tea and coffee, singing 3:00pm to 4:00pm

All Saints Church

You don't need to be a good singer to benefit, join us for fun vocal warm-ups and sing a variety of familiar and new songs. No charge to attend this group. Contact us to book your place **bath@alzheimers.org.uk** or **01174 727921**. **alzheimers.org.uk**

Language Classes

French Lessons Learn French on TEAMS with a very experienced native teacher

'One to one' lessons at any level (from beginners to advanced) whether you want to brush up your language skills for a holiday, want to improve your conversational skills or obtain French nationality. I can also provide help with your child's **French examination (GCSE/A Level)** - DBS checked. Email **learn2speak_french@yahoo.com**

For Ladies Only

Weston Village Townswomen's Guild

3rd Wednesdays | 7:30pm

Weston Free Church (Moravian)

New Members are most welcome and can come as visitors to see if it's something they would enjoy on a more regular basis.



The Preventative Care Company

Home care and support that helps you stay strong, independent, and in control.

We're the only care company that **proactively helps you need less of us** – by reducing, delaying, or avoiding the need for long-term care.

Our carers don't just support you day-to-day, they're trained to spot early signs of change.

Enjoy *peace of mind* knowing you're *supported today and prepared for tomorrow*.



Scan the QR code or get in touch by calling 0333 430 4880

“

Just twelve weeks on, I'm walking unaided, travelling confidently on buses and trains, and enjoying a new sense of freedom and independence.

Brian, 92, Bath, Client

Abney & Baker • **abneyandbaker.com**
enquiries@abneyandbaker.com • 0333 043 4880



For Men Only

Bath Men's Café

3rd Mondays | 8:00^{pm} to 9:30^{pm}

Weston Hub, Penn Hill Road

A monthly drop-in for guys to come and hang out, have a laugh, share ideas and generally get to know each other. Very informal, with coffee and tea etc along with cards, darts, chess, table tennis, pool, table football and the like. For more info, go to **menscafe.space** or email us at **westonmenscafe@gmail.com**

For History Lovers

Weston Local History Society

3rd Mondays | 7:30^{pm} to 9:00^{pm}

Weston Free Church (Moravian)

August | No meeting

21 September | Liz Davenport;

Opening a Treasure Chest - a peek at a Victorian family and their mansion.

19 October | Julian Orbach; Unbuilt Bath.

16 November | John Branston;

History of Locksbrook Cemetery.

Visitors and new members are most welcome, please just drop in.

Annual subscription: £15 per person, visitors: a donation. For more info

westonlocalhistorysocietybath.com.

Free City Walks with the Mayor's Guides

We offer free City walks **twice a**

day, Sunday to Friday, leaving from

outside the Pump Room at 10:30^{am}

and 2:00^{pm}, and at 10:30^{am} Saturdays

Please visit our website

bathguides.org.uk for more info.

Gardening & Nature

Wild about Weston

An informal group of local residents in Weston and Newbridge who want to encourage more wildlife friendly gardens and open spaces for the benefit of people and nature. We share ideas, local sightings, and undertake a range of activities including: tree/bulb planting, toad monitoring (new this year) and attending local events e.g. WestFest and Weston Village Flower Show. Our next activity will be taking up long grass cut at Locksbrook Cemetery to help develop a wildlife area. We meet every 2-3 months and have occasional trips out. All welcome! Facebook **fb.com/wildaboutweston** Email **wildaboutweston@gmail.com**

Weston Village Gardening Club

2nd Thursdays | 7:30^{pm}

All Saints Church

Thursday 10 September | 7:30^{pm}

The New Beautiful: Inspiring places for a resilient future

Stephanie Mahon - Editor of Gardens Illustrated

Thursday 8 October | 7:30^{pm}

Bourgainvillea: The British Way

Charles Clarke - Westdale Nurseries, Bradford-on-Avon

Thursday 12 November | 7:30^{pm}

What Gardening Books Don't Tell You

Neil Ross - Garden Designer

Club membership to Feb 2028 £20.

Doors open at 7:00^{pm}.

Meetings start at 7:30^{pm} in **All**

Saints Church. For more info

westonvillagegardeningclub.co.uk

Roots to Wellbeing

Wednesdays | 10:30^{am} to 1:00^{pm}

Weston Rec, Penn Hill Road

We're a friendly and relaxed group offering weekly nature-based sessions designed to support mental health, reduce anxiety and foster nature connection through activities like mindfulness, nature-based art/crafts and hands-on conservation and gardening. Open to anyone over 18. Free lunch, refreshments and transportation provided. An 18 week programme in 3 x 6-week blocks. For more information

roots@yourpark.org.uk or sign up at **yourpark.org.uk/rootstowellbeing**

St Mary's Garden Group

1st Wednesdays | 2:00^{pm}

St Mary's Catholic Church

Meets at the church. Enthusiasm more important than green fingers.

Bath Organic Group

Victoria Park, Bath

If you would like to know more about growing your own organic fruits and vegetables but lack room/knowledge, come and visit us on a **Tuesday or Saturday** between 10:00^{am} and 1:00^{pm} at **Victoria Park**. More info on **bathorganicgroup.org.uk**

We are a community allotment, sharing our knowledge and experience, and we all work together. We are also a very social group, enjoying tea and cakes each session as well as events and community workshops and open days.

Art and Crafts

Bath College Adult Community Learning

Every Tuesday, 29 September to 24

November | 10:00^{am} to 1:00^{pm}

(Half term break **Tuesday 27 October**)

All Saints Centre

Exploring Creative Opportunities

This course will explore how to develop artwork for gifts and craft fairs, to generate small income opportunities. The main activities we will cover: experimenting with different creative techniques using watercolours; simple printmaking without a press, using polystyrene and mono-printing; exploring colour, texture, and composition; developing your own style and personal creative projects; producing handmade items such as prints and cards.

To find out more and to enrol, email **acl@bathcollege.ac.uk** or call **01225 328822**.

Little Clay Studio

Weston High Street

It's all about doing wonderful things with clay. Now in a new large fully equipped studio, by the War Memorial, between Weston Garages and Daruma Diner. Come and join in, have fun, be creative. Specialist workshops and throwing classes. Open day in September. Ring Julie on **07954 044494** or email **littleclaystudio@hotmail.com**

Roundabout Craft Group

1st Wednesdays | 7:00^{pm} to 9:00^{pm}

Weston Free Church (Moravian)

No meeting in August. Come along for a chat and to craft. £3 per person and includes all the materials required.

Weston Art Group

Thursdays term time

10:00^{am} to 12:00^{pm}

Weston Parish Hall

Friendly group of amateur artists, mainly retired, who enjoy painting together (watercolours, acrylics and pastels mainly). We have a list of suggestions or you can paint whatever you like, it's very relaxed. No tuition, but occasional visits and demos by professional artists. You're welcome to drop in and meet us for a coffee to see if you might like to join the group. If you decide to try it, first session is free. Call Valerie on **07967 568050** for any queries.

Moravian Modellers

1st Wednesdays | 6:00^{pm} to 9:00^{pm}

Weston Free Church (Moravian)

No meeting in August. Complements the Roundabout Craft group with opportunities for peer-to-peer modelling and support. Take advantage of the space, learn and share your skills with others as you model make in any medium or style. You can model on your own or in a group, or maybe as a family. We're teaming up with the Boys' Brigade, so their model railway will be available to use and progress. £3 per person, under 16's free with an adult.

Mindful Art

Every Tuesday | 10:30^{am} to 12:30^{pm}

Weston Hub, Penn Hill Road

Come and try our small friendly group designing and colouring/painting mandalas and contemplative circles in a mindful quiet atmosphere. All welcome whatever your art experience and all materials provided including compasses, rulers, templates and stencils. £7.50 per session. More info at **stephenmagrath.co.uk** or **07968 119694**.

Card and Board Games

Bridge Club Tuesdays

Tuesdays | 7:00^{pm} to 10:00^{pm}

Weston Parish Hall

We are a small group of friendly people who enjoy a social game of bridge once a week. We cannot take absolute beginners but we encourage those who have a good idea of the game to join us. We have refreshments half way through the evening. The hall has heating and toilet facilities. New players are always welcome, a partner is not necessary. £2 per person per week. For further information please contact Jill Hogwood on **01225 425524**.

Weston Bridge Club

Thursdays | 1:00^{pm} to 4:00^{pm}

Weston Parish Hall

We are a small, friendly group and welcome new members. There is a fee of £2 per session which includes refreshments in the mid-session break. The hall has heating and toilet facilities. Please contact **noreen.clark@sky.com** for more info.

NAUGHTY but nice Hairdressing

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www.naughtybutnicebath.co.uk

Come and enjoy our
relaxed and friendly
atmosphere



Children and Youth

For Children

All Saints Children's Work

Sundays term time during church (except 2nd Sundays)

11:00am to 12:20pm

All Saints Centre

Crèche - age 0-2 (with a live link to the service so carers can listen)

Climbers - pre-school to year 1

Explorers - years 2-4

FAST - years 5 and 6

We start all together in church then go down to our groups.

2nd Sundays | 11:00am to 12:20pm

All Saints Church

All age family service in church.

Songs, activities, and a short talk.

For more info contact Jo Tucker on

07765 883470 or

jo.tucker@allsaintsweston.org.uk.

SmAll Saints Baby and Toddler Group

Wednesdays during term time

9:30am to 11:30am

All Saints Church

Bring friends, we'll provide toys, refreshments, craft, song and story time. A chance to connect with other parents and carers and for your kids to enjoy a large newly renovated space to play! Contact Jo Tucker for more info on **07765 883470** or **jo.tucker@allsaintsweston.org.uk.**

Stars & Lambs Toddler Church

Wed 23 Sep | Wed 14 Oct

Wed 11 Nov | 2:00pm to 2:45pm

Weston Free Church (Moravian)

Toddler church for the under 5s and their carers.

Roundabout Stay and Play | Baby and Toddler

Fridays | 9:00am to 11:00am

Weston Free Church (Moravian)

Drop in any time and have a cuppa and a chance to meet new families. Lots of activity centres including baby soft play area. Suggested donation of £2 per family there will be endless hot and cold drinks, fresh fruit cups and biscuits. Everyone welcome.

Mindful Moments Yoga Classes

Saturdays from 4 July

11:30am to 12:30pm

Weston Free Church (Moravian)

Join us for Mindful Moments parent/carer and child yoga classes, specially designed for children aged 2-5 years and their grown-ups through playful yoga poses, movement, music, mindfulness activities and relaxation. These sessions provide a wonderful

opportunity to bond, build confidence and support your child's physical and emotional wellbeing in a fun and nurturing environment.

For more information and to book your place, contact: Leanne on **07894 904694** or email **mindfulmomentskidsyoga@outlook.com**

Groovy Horses Pony Experiences

At Groovy Horses, we create meaningful pony experiences for children, families and communities. Whether it's a birthday celebration, specialist equine-based learning for all ages with additional needs, a school visit or a community event. Every experience is designed to be engaging, fun, interactive, and importantly, unique to the individual or group involved.

Call **07817 990079** or email

help@groovyhorses.co.uk

groovyhorses.co.uk

Peter Pan Pre-School

Tuesday to Friday term time

9:15am to 3:30pm

Bath Methodist Church Hall, Kennington Road, BA1 3EA

Caring for local pre-schoolers from the term before their third birthday to 5 years for more than 40 years, we are at the heart of the community with strong links to local schools. We provide a calm and nurturing environment for children, with a higher than usual 1:6 ratio of staff to children. We are a not for profit charity pre-school and encourage parent volunteers to be involved in fundraising and social events. More at **peterpanpreschoolbath.co.uk** or email to arrange a visit **peterpanpreschoolbath@gmail.com**. Applications now being taken for starts in September 2027 and January 2028 for children who turn 3 between 1 April 2027 and 31 March 2028.

Little Dancers Children's Dance Classes

Relaxed fun-filled classes incorporating different styles of dance and movement using a wide range of music. These classes help to improve musicality and co-ordination, and are about enjoying dancing.

Tuesday morning | All Saints Centre

Mini Ballet (2-3 yrs) | 9:30am

Pre - school ballet (3-4yrs) | 10:10am

Tuesday afternoon | Weston Hub

Level 1 Ballet (reception) | 4:00pm

Level 2 Ballet (year 1) | 4:35pm

Level 3 Ballet (year 2) | 5:10pm

Junior Ballet (year 3) | 5:45pm

£48 for the 12 week term. For more info or to book a place **07803 173486**

info@littledancersbath.co.uk

littledancersbath.co.uk

Emmanuel Baby Toddler Group

Tuesdays during term time

1:30pm to 3:30pm

Emmanuel Church, Apsley Road

A chance to relax and chat in a friendly environment while little ones play and socialise. We have nursery rhyme time and refreshments and plenty of toys. £2 per family. Please check dates on our website **emmanuelchurchbath.org/toddler-groups**

Sparks Kids Club

Third Saturdays during term time

4:30pm to 6:00pm

St John's Church, Upper Bristol Rd

For children age 5 to 11. Come along for free fun, games, crafts and food!

For Young People

All Saints Youth Work Sunday Youth

11:00am to 12:00pm

All Saints Centre

Special term time activities for youth during church services. For secondary aged youth. Games, snacks and a bible study or talk.

Proclaim Youth Group

Wednesdays term time

7:00pm to 9:00pm

All Saints Church

For years 9-13. We open up the church space for the youth and help them journey their faith and speak about interesting faith related topics! We also have a variety of games and activities for them!

For more info contact

youth@allsaintsweston.org.uk

Grace Church Youth 7Up Club

Fridays term time | 7:00pm to 8:30pm

St John's Church, Upper Bristol Rd

We meet on Friday evenings to enjoy a good laugh, silly games, social events and explore what it means to become a disciple of Jesus. For secondary school age.

Youth Geek Cafe

Bi-weekly Sundays term time

9:30am to 11:30am

St John's Church, Upper Bristol Rd

Youth space for 11-18s with board games, Warhammer, Lego, Nintendo and a chance to explore big questions.

Weston Youth Club

Every Monday | 7:00pm to 9:00pm

Haviland Park Community Centre, Weston, BA1 4HR

Snacks, games, activities, a chance to talk and more. Year 7+. Run by Youth Connect South West.



Summer Family Portraits

Botanical Gardens
45 min | £125
30+ edited photos

Perfect for your home,
cards and cherishing
family memories.



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longmeadowphoto@gmail.com

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Secret Garden

PRESCHOOL

TAKING APPLICATIONS NOW

— ♥ —

growing confident, curious learners
through nature, nurture and community

NURTURING ENVIRONMENT

A FOCUS ON OUTDOOR LEARNING

BUILDING CONFIDENCE & CREATIVITY

LOCATION:
All Saints Centre, Weston

Scan to learn more



2nd Bath Boys’ Brigade And Girls’ Association

Weston Free Church (Moravian)

fb.com/2ndbathbb

Join the Adventure

Looking for a place where your child can make lifelong friends, learn invaluable life skills and have an absolute blast? We aren’t just an after-school club, we provide a safe, vibrant and inclusive environment, offering a firm foundation for life.

Anchors: Age 5 to Year 3

Mondays | 6:00^{pm} to 7:00^{pm}

Juniors: Year 4 to 6

Mondays | 6:00^{pm} to 7:30^{pm}

Band practice: Age 10+

Fridays | 6:15^{pm} to 7:15^{pm}

Company & Seniors: Year 7+

Fridays | 7:30^{pm} to 9:00^{pm}

For more info: **mark@bathbb.org.uk** or **07734 936018**.

Get Sported

Weston Hub, Penn Hill Road

For young people aged 12-17.

Youth activities to provide sporting and leadership development opportunities and continue a journey

of progression to help shape each young person into what God has wired them to be. Contact Grant

for dates on **07796 141845** or visit **getsported.org**.

Bath City FC Foundation Weston Together Turn Up and Play Football Sessions

Every Thursday | 4:45^{pm} to 5:45^{pm}

Weston Hub Ballcourt or Weston Rec

For 8-16 year olds living in

Weston and Newbridge. Free!

bathcityfoundation.org

Girlguiding

There are groups for Rainbows (4-7), Brownies (7-10) and Guides (10-14) meeting on weekday evenings at different local venues, whilst Rangers (14-19) meet in the city centre. Go to **girlguiding.org.uk** to register an enquiry for your daughter to join.

Fitness, Dance and Fun

Kara Yoga Dance

All classes are suitable for all

Hatha Flow Yoga

Tuesdays | 9:10^{am} to 10:10^{am}

Weston Free Church (Moravian)

Wednesdays | 7:30^{pm} to 8:30^{pm}

Weston Parish Hall

A blend of hatha, flow and yin styles of yoga delivered with a mindful approach. Variations given so everybody can practise in a way that suits their body.

Barre Fit

Wednesdays | 6:15^{pm} to 7:15^{pm}

Weston Parish Hall

A fun and friendly low impact workout. Classes improve strength, tone, balance and posture. A blend of ballet, dance, pilates and yoga style techniques are used both at the barre and on the mat.

info@karayogadance.com or

07919 923405

karayogadance.com

@karayogadance

Concept Fitness Pilates with Fay

Weston Free Church (Moravian)

Matwork-based or seated/standing classes (for those unable to easily get down to the floor and back up again).

Matwork classes are mixed ability (beginner/intermediate).

1:1 sessions also available.

Matwork class

Tuesdays | 10:30^{am} to 11:30^{am}

Seated/standing class

Tuesdays | 11:45^{am} to 12:30^{pm}

What do you need?

- Loose clothing that enables you to move easily

- An exercise mat and one inch head cushion/folded towel (matwork only) £8 a class. For more info contact Fay, APPI Pilates Matwork Certified Instructor, on **07811 815377** or **faycupis@hotmail.com**.

@cfpilates25

Facebook: **tinyurl.com/45eyry7r**

RUH Outdoor Pool

Behind the Oasis Centre, Royal

United Hospitals

Open every day, 7:30^{am} to 7:00^{pm}

until late September

All are welcome to enjoy the RUH’s outdoor, heated swimming pool - the ideal way to relax, keep fit or entertain the family this summer.

Individual lane swimming (30 mins):

confident, independent swimmers aged 11+. £6.50pp.

Lane-free swimming (60 mins): more relaxed sessions, open to anyone over 6 months. Arrive ready to swim where possible. £5.50pp.

Pregnant women and people/carers swimming in their capacity as a carer can swim for free, but you must still book a ticket.

To book and for more information, see **bookwhen.com/ruhswimming**

SLC Pilates

Wednesdays | 7:45^{pm} and 8:45^{pm}

Weston Hub, Penn Hill Road

Group mat classes with Sarah.

Improve your posture. Free your body to move. Mat and equipment trained with MK Pilates. Other classes and 1-to-1 also available. Contact Sarah to book your place:

sarah@slcpilates.fit

07879 607979

Weston Bowls Club

Penn Hill Road

We invite anyone to come along and

join us to try out the sport of lawn

bowls. Come to the club on **Monday evenings from 6:00^{pm}** to give it a

try. The season lasts until the end of September. A great opportunity to

meet others in the local community who have already taken this first step

to play lawn bowls. For more info visit **westonbowlsclub.co.uk**,

email **westonbc@yahoo.com** or call

07877 714151.

Bright Blue Yoga

Bath Methodist Church, top of

Chelsea Road

A variety of yoga classes, encouraging enjoyable movement and rest, with evidence-based principles and personal experience firmly rooted in the practice. Classes are friendly and welcoming - most are suitable for complete beginners.

Postnatal Mum & Baby Yoga

Mondays | 11:00^{am} to 12:30^{pm}

Slow Flow Yoga

Wednesdays | 9:30^{am} to 10:30^{am}

Postnatal Mum & Baby Yoga

Wednesdays | 11:00^{am} to 12:30^{pm}

Pregnancy Yoga

Wednesdays | 7:30^{pm} to 9:00^{pm}

Thursdays | 6:00^{pm} to 7:30^{pm}

Days End Yoga

Thursdays | 8:00^{pm} to 9:00^{pm}

Restorative Yoga & Yoga Nidra

Saturdays (every 2 months)

2:00^{pm} to 3:30^{pm}

07940 704850

brightblueyoga.co.uk

georgie@brightblueyoga.co.uk

Instagram **@bright_blue_yoga**

Vitality Pilates with Vivien

Tuesdays | 9:30^{am}, 11:00^{am} and 6:00^{pm}

Bath Methodist Church, Weston

Time to improve your stability, strength and posture by developing your core strength. Enhance your

balance and posture throughout the body. My Matwork classes are for

Beginners, Improvers and Mixed Ability depending on your experience

and are available for all ages.

1:1 sessions are also available for those requiring a boost for their

confidence, or a speedy introduction to Pilates principles and the basic

exercise repertoire. Classes are organised in six week

blocks, so get organised NOW! Contact Vivien, Body Control Pilates

Matwork Certified Instructor, for further details and to book yourself a

space **vivienmwaters@gmail.com**. **07976 409839**.

Bath Strength and Fitness

Fridays | 9:30^{am}

Phase 1 Dance Studio, Upper Bristol

Road

The friendliest, most supportive

strength classes for women in

Bath. For anyone who wants to

feel stronger, healthier and more

confident, both mentally and

physically. Become more resilient and capable in a nurturing and inclusive

environment.

Small group sessions, suitable for all

levels. Expert guidance, progressive

programming, encouragement and

we even have quite a lot of fun.

Alternative small group availability on mornings and evenings by request.

Booked required.

07817 990079

help@bathstrengthandfitness.

co.uk bathstrengthandfitness.co.uk

Take a Mindful Pause

In-person and online in Bath

Calm your mind, energise your

body, and connect to yourself

through Sophrology. Popular in

France and Switzerland, it blends

gentle movement, breathwork and

visualisation. Accessible to all adults

(18+). Free online group taster every

Wednesday 12:15^{pm} to 1:00^{pm}.

In-person in Bath and online. Groups

and individuals. Contact Marie-Marthe

to book: **mariemartheblanc.com** or

hello@mariemartheblanc.com.

Instagram **@marie.marthe.blanc**

Julie Skailes Yoga

Wednesdays 11:30^{am} and 6:30^{pm}

Weston Hub, Penn Hill Road

Mat based gentle Hatha Yoga.

The morning class is particularly

suitable for seniors, taking things a

little bit slower and offering lots of

modifications if needed. The evening

class is suitable for all.

julieskailesyoga.co.uk

07976 718575

Hot Flush Disco

Thursdays | 6:15^{pm} to 7:15^{pm}

All Saints Centre

Tuesdays | 10:00^{am} to 11:00^{am}

Weston Parish Hall

Newcomers welcome. Classes for hot

flush women who want to boogie.

Tunes that make you want to move,

suitable for all fitness levels, all two

left feet movers welcome. First trial

class is free. To book call Paula on

07946 351997.

@hotflushdisco

Weston Hub Ballcourt Book it... play it... love it

The ballcourt is fully equipped for

basketball, tennis, netball, five-a-side

football and volleyball. It’s all marked

up, and there are bright floodlights

for play after dark. For more details

and how to book please visit

westonhub.org.uk/ballcourt



Wellbeing walks for women

Fridays

Join a small friendly group walk to explore the countryside in Bath while improving your fitness. Walks take place every Friday and are led by Jo, usually around 1 hour in duration, sometimes 1.5 hours, depending on the route. We mainly start and finish in Weston or Newbridge but sometimes we explore new routes too. Joyful Footsteps (website coming soon) is about connecting women, making new friends and improving fitness and walking confidence. To find out more please email Jo on jodallas1@gmail.com.



Health and Beauty

Physiotherapy, Chiropractic and Osteopathy Treatment

Physio Impulse is an established local company of Chartered Physiotherapists who offer hands on treatment and rehabilitation for all sports injuries and spinal injuries including neck, back, shoulder and knee pain. Our experienced team also offer joint injections, shockwave therapy, gait analysis for orthotics, acupuncture, sport massage and Pilates to optimise your recovery. We have clinics at:

Phase One Health Club, BA1 3AJ
3 Miles Buildings Clinic, BA1 2QS
Bath Rec Pavilion Clinic, BA2 4DS
For appointments call **01225 683007**
For more info physioimpulse.co.uk

Wellbeing Coach Clinic

Thursdays | 8:30^{am} to 4:30^{pm}

Weston Hub, Penn Hill Road

The local BaNES Wellness Service is providing FREE healthy lifestyle support through their 1-2-1 Wellbeing Coach programme, available to people who live, work or who have a GP in BaNES.

Whether you want to eat more healthily, lose weight, sleep better, reduce your alcohol consumption, increase physical activity or maybe reduce your stress levels, the Wellbeing Service can support you: contact them to self refer or ask a professional to refer you:

0300 247 0050, eh.banes@nhs.net
or banes.everyonehealth.co.uk

Foot Health Practitioner

Home Visits. Jackie Duffy MCFHP
MAFHP. Telephone **07944 989137**

Footlight Reflexology

Switch off, relax and heal with a one hour reflexology session for £45. Reflexology is a holistic therapy that involves applying pressure to and massaging certain areas of the feet. By stimulating the body into healing itself, reflexology can improve circulation, reduce stress, alleviate pain and restore natural balance. My main focus is on women's health, with men by referral only. To book your appointment contact Caroline Barry at footlightreflexology@gmail.com or through my website footlightreflexology.co.uk

Weston Chiropractic Centre | Chiropractic and Sports injury specialists Dr Giles Courtis and Dr George Kohn

Apthorp, Weston Rd, Bath, BA1 2XT

Award winning Weston Chiropractic Centre offers assessment and treatment for neuro-musculoskeletal pain, sports injuries, Cranial Chiropractic and family wellness care. We offer 20% off any new patient consultations with Dr George Kohn. This includes treatment for the first appointment. Please mention the article when booking. Free parking on site for patients.

Pilates class

Thursdays | 6:00^{pm} to 7:00^{pm}

Appointments and enquiries please call **01225 423333** or email reception@apthorpcentre.com. Visit our website apthorpcentre.com. Instagram [@apthorpcentre](https://www.instagram.com/apthorpcentre)

Cranial and Structural Osteopath Roger Whalley

Experienced Adult and Paediatric Osteopath working in private practice in Upper Weston. Roger has extensive experience treating a wide range of complaints from work or posture related discomfort to a range of

sports injuries and rehabilitation.

He has specialist training and experience in treating babies, children, adolescents and pre/post-partum mothers. For more information visit rogerwhalleyosteopath.com or call Roger on **07784 956501**. Free private parking. Osteopathy is a regulated health profession.

Volunteering

Newbridge Primary School Governor

Could you spare a few hours a month? Your community needs you. We have a Governor vacancy and we are inviting interested members of the community to come forward. You must be over 18 but there are no qualifications required to become a Governor, and everyone has something to offer. Training will be provided and we are looking for someone to commit to a term of at least four years. For further information please email the clerk sarah.thorner@newbridge.bathnes.sch.uk

Friends of the RUH

We have just celebrated National Volunteers week with our amazing volunteers, who may be seen in their bright pink polo shirts throughout the RUH. Why don't you come and join them and be part of this fantastic volunteering community? All we ask is that you can regularly commit to a 3-hour shift once a week, for a minimum of 6 months, once you've completed your recruitment. Please contact Karen Paddock, Volunteer Services Manager, at karen.paddock2@nhs.net to discover more and make this year the one you become an NHS Volunteer.

RUHX Bath

RUHX work closely together with Royal United Hospitals Bath NHS Foundation Trust, and local community partners to help more people to live healthier and happier lives in Bath and beyond. If you're looking to meet new people, build your skills, or give something back to your local hospital, we've got a role with your name on it. From events and fundraising to community awareness, our amazing volunteers help us give patients at the RUH Bath that extra extraordinary care they deserve - while having plenty of fun along the way! If you'd like to find out more, please get in touch at fundraising@ruh.org.uk or call us on **01225 825691**. Or to sign up to any of our fundraising events, like the adrenaline-fuelled Wing-Walk happening late this August, visit ruh.org.uk/events.

Love Weston Café

The Love Weston Café at **Weston Free Church (Moravian)** every Friday always welcomes new volunteers. You could be cooking in the kitchen, serving the food, making the cakes and soup, washing up or making sure everyone is welcome. Come along on a Friday to meet us, you will be most welcome.

Weston Litter Group

1st Saturdays | 9:30^{am} for 1 hour

1 Aug | 5 Sep | 3 Oct | 7 Nov

Meet outside **Weston Free Church (Moravian)**. Are you fed up with the growing amounts of litter on our streets, footpaths and hedgerows? We cover all areas of Weston (roads, parks, footpaths) and are keen for more people to come and help out. All equipment is provided by us and bags are collected by BANES. For further info, contact Chris Nicholson **01225 442519** Twitter [@WestonLitter](https://twitter.com/WestonLitter) fb.com/groups/westonlittergroup

The Skin Ginie

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The Cottage at Weston Lawn

We have a single bedroom fully equipped self catering cottage here in Weston that we let out for short stays (3 nights minimum) and sometimes longer stays. If you are planning on having family or friends to visit but don't have enough space for them to stay, please get in touch.



William and Fiona Close
Weston Lawn, Lucklands Road
Weston, BA1 4AY
01225 421362
closewilliam1950@gmail.com



Dorothy House Hospice Shop

Weston High Street

We warmly welcome new volunteers to join our very friendly team. The shop is run by Tara and Claire and they will provide you with all the training needed, and of course tea and biscuits!

There are roles to suit everyone from front of house, serving customers and being on the till to sorting the donations received. Every day is different. Please pop into the shop, call us on **01225 330185** or apply online at **dorothy-house-hospice-care.goassemble.com/opportunities/**

Community Speed Watch Groups

Lansdown Lane

We are volunteers who monitor traffic speeds on behalf of Avon and Somerset Police to help improve road safety for all. For more info about how the scheme works, please go to **avonandsomerset.police.uk/csw** More volunteers always welcome, so please email Ruth to observe a session and see what we do before you apply.

lansdownlane.csw@gmail.com

Bath Gateway Out and About

We support adults with a wide range of learning disabilities to partake in age appropriate social activities. We run two weekly club nights on **Mondays and Wednesdays 7:00pm to 9:00pm**. By volunteering with us you will enable our members to get 'out and about' to various venues across Bath. You will dance, sing, play skittles, eat out, karaoke, visit the pantomime and a whole lot more, helping our members to enjoy the things in life that matter for us all - friendship and fun. Please contact Kelly on **office@bgoa.org.uk**. **bathgatewayoutandabout.co.uk**

Love Weston Library

We're looking for desk volunteers to help library users during our opening hours. Desk volunteers should be comfortable using computers. We are also looking for storytime volunteers to take part in our regular sessions for two local nurseries, where we read stories to pre-school children and explore books with them. If you're over 18 years old and interested in volunteering or would like an informal chat about the roles, email **volunteers@lovewestonlibrary.org.uk**.

ReMind UK

We are a dementia research, diagnosis and support charity based at the RUH. We have a range of flexible volunteering opportunities with no fixed time commitment. Help run one of our charity stalls, or boost your skills by learning how to support people with dementia at one of our events. You may also enjoy providing some administrative support to our fundraising team? To find out more visit **reminduk.org/remind-uk-volunteering** or email **volunteering@reminduk.org**.

Community Services

Welcome Café and Food Club

Mondays | 11:30pm to 2:00pm

Weston Hub, Penn Hill Road

Organised by All Saints Church.

Welcome Café

Enjoy a delicious 3 course lunch. There's nothing to pay. Just relax, and have a good meal.

Weston Food Club

Join the club and shop for what you need. Fresh food, packets and tins. It's really good value.

Citizens Advice

You might be missing out on money that you are entitled to. Come and find out more: fuel, pensions, benefits, disability, council tax, carers. It's all confidential.



Free Furniture Collection

Genesis Trust Furniture can collect your quality, unwanted furniture for free. We aim to collect within a week. Call **01225 421111** or donate online at **genesistrust.org.uk**. All furniture donations are sold to support our work with homeless and vulnerable people.

Bath Share and Repair

2nd Saturdays | 10:00am to 1:00pm

12 Sep | 10 Oct | 14 Nov

Weston Hub, Penn Hill Road

shareandrepair.org.uk/repairs

Volunteer repairers will do their best to fix your items in return for a "pay what you can" donation. Why not enjoy a cuppa and cake whilst we try fixing your item? Please arrive as early as possible to ensure we have time to look at your repair. Or book an appointment at the Share and Repair Hub via **shareandrepair.org.uk/repairs**. This is home to Bath's Library of Things, with a huge range of items to borrow not buy (DIY tools, party items, carpet cleaners and lots more). Most items can be delivered by cargo bike for a small cost.

@shareandrepair

Keeping our area clean and tidy

If you want to report a problem to BANES Council on a street, park or green space, internet search **bathnes fix my street** and enter the details. If you'd like to find out more about how you can personally get involved in keeping our area clean and green, then internet search **bathnes clean and green** for details.

Major Emergency

There is now a Community Emergency Plan for the Weston area, set up by the Weston Resilience Team in association with B&NES Council. This Plan will come into action in the event of a major emergency being declared in this area. **Weston Free Church (Moravian) and Hall** are designated as the Primary Assembly Point in Weston, where the emergency services can interact with the local community, following the guidelines in the Plan. A similar plan for the Newbridge area is also being developed. If you wish to report an emergency, please ring **999**.

Emergency Bleed Kits

Emergency bleed kits help to stop blood loss. In an accident, every second counts. Kits are now installed on the walls of **Tesco Express, Weston Hub** and **Eastfield Avenue Community Centre**. If needed, open the red box and take the bleed kit to the patient. Call 999 to report the incident, and tell them the kit has been used. The kits have instructions on how to use them until paramedics arrive.

Peggy Dodd Centre

Brierley House, Summer Lane,

Combe Down, BA2 5JX

Peggy Dodd is an award-winning charity which works to help people living with dementia and memory loss, whilst providing respite to support the people who care for them. We do this through our day centre in Combe Down and our home support service.

01225 835520

day.centre@peggydodd.org

peggy-dodd-centre.org.uk

The Nest Project

We are a Bath-based charity supporting families experiencing financial hardship by providing free clothing and equipment for 0-5 year olds.

Request items: if you need our help, you can request items by booking a collection or delivery slot. Head to **thenestproject.co.uk/self-referral** to book.

Donate items: we rely on donations to give to our clients. We love that we are reusing and recycling clothing and equipment that are already in our community and are able to pass them on to those in need. If you have items to donate please email

donations@thenestproject.co.uk.

fb.com/thenestprojectbath

instagram.com/the_nest_project

Bath Dial-a-Ride

Fully accessible door-to-door minibus for those unable to use public transport. For the whole Bath area. Call **01225 395222**.

Life Project Bath

The Old Acorn Barn, Englishcombe

Rise, Englishcombe, Bath, BA2 2ES

We are a charity supporting people with learning disabilities and their parent carers. You are very welcome to phone **07708 217901** to pay us a visit or find out about what they do. For further information see **lifeprojectbath.org.uk** and check out the **SEND Activities** section of this magazine for more information on our activities in Weston.

Police Surgeries

About once a month on a Friday, the police hold a surgery at the **Love Weston Café in the Weston Free Church (Moravian)**. See police website for dates.

Alcoholics Anonymous

AA is very active in Bath and surrounding areas, with meetings every day, both online and in person. If you are having problems with your drinking, visit our website at **alcoholics-anonymous.org.uk** or call the National Helpline on **0800 9177650**.



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The Community Wellbeing Hub provides a central point of access to a range of health and wellbeing services. You can contact the Hub about anything that is having a negative effect on your health and wellbeing. Alternatively, you might simply fancy learning a new skill, trying a new hobby or making new friends. If you live in Bath and North East Somerset, you can contact the Community Wellbeing Hub on **0300 247 0050, 9:00am to 5:00pm, Monday to Friday** to talk to the friendly triage team and access the advice and support you need.

Volunteers from this service take books to people who are housebound or carers who find it hard to leave the house. If you are interested or know someone who would benefit, please contact **homelibraryservice@bathnes.gov.uk** or **01225 394041**.

Kingsmead Ward surgeries are held monthly on either the first or second Wednesday at the **Percy Community Centre**. The next dates are:

9 Sep | 14 Oct | 4 Nov
5:00pm to 7:00pm



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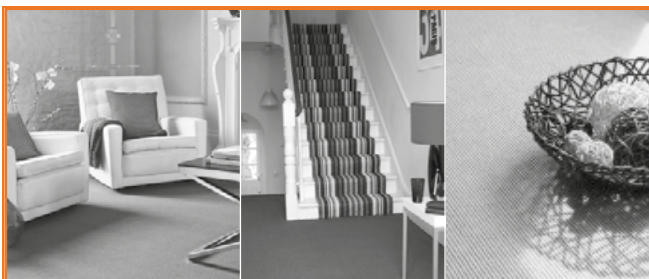
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